Knowing our Kids

How Kids Grow

- Kids require love. They learn best when they know that they are special to God and to us.
- Kids require affirmation. Kids learn best when they feel secure in exploring ideas and trying new things.
- Kids look to adults for approval but have an increasing reliance on peers as they get older.
- Kids have greater understanding of others and learning to play and work cooperatively are hallmarks of kids growing up.
- Kids learn best by being involved in their learning and this active learning is fundamental.
- Kids want to learn. They are curious and creative.
- Kids thrive when concepts are taught multiple times in different ways.

Kids and Faith

- All children need a relationship with God, but each child is unique in when and how they come to faith.
- The gospel message is the same for kids and adults we just use language that they can understand.
- Foundational concepts of faith are "Jesus loves me" and "God created all things." By teaching these things to all kids, from babies on up, we are teaching the gospel.
- Preschoolers and younger children relate to Jesus as friend.
- Between ages 8 and 10, we often see kids begin to ask serious questions about spiritual things and begin to feel the need for a Savior.
- By age 12, kids understand that "I need a personal and growing relationship with Jesus."



Family Life

Of American children under 18:

- 69% live with two parents
- 23% with only their mother
- 3% with only their father
- 4% with neither parent (76% with family, 24% non-relatives)
- 17% live in blended families



- 4% of all children live with parents who are not married
- 32.5% of children ages 9-11 are cared for after school by someone other than a relative
- In 58.1% of families, both parents work
- 29% of mothers are "stay at home" moms
- One-in-ten kids live with a grandparent, and 38% of these children are also being cared for primarily by that grandparent

Life in the 21st Century

TV usage

- Kids 6-11 watch about 28 hours per week
- In 2/3 of households, TVs are on during meals
- In 75% of households, TVs are on when no one is watching them
- More than 70% of kids have TVs in their bedrooms

Other Media

- Only 1/3 of households have media-consumption rules
- ◆ Daily total media exposure (TV, computer, video games and music); almost 8 hours for 8-9 year olds to almost 12 hours ages 11-14



- 78% of fifth graders have their own cell phone
- Children have much less structured time and are spending half as much time outside as they did 20 years ago



Characteristics Of Children



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Information adapted from Kids Ministry 101 Lifeway Church Resources Nashville, Tennessee (used by permission)



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	General	1st and 2nd Graders	3rd and 4th Graders	5th and 6th Graders
SPIRITUAL	 Developing a sense of right and wrong Learning to pray Developing the ability to participate actively in worship Growing in their faith in God Familiar with many Bible teachings Relating knowledge of the Bible and Christian faith to daily life Acquiring biblical knowledge, skills and principles for making right choices Learning to trust Christ without questions 	 Sees Jesus as a friend and helper Enjoys praying Likes learning from the Bible Is making conclusions about God Is interested in God's world/nature Is beginning to understand truth and honesty, right from wrong 	 Is becoming conscious of self and sin Is developing values Can see things in terms of right and wrong more than good and bad Asks serious questions about religion May be beginning to feel the need to accept Jesus as Savior 	 Has concepts of love and trust Is ready for spiritual answers and direction in developing a value system Is learning limits of behavior Can experience conviction of the Holy Spirit
SOCIAL/EMOTIONAL	 Seeking affirmation of individual gifts and talents Growing more independent Aware of own strengths and limitations Developing a sense of belonging Expressing feelings openly Anxious in large groups of unknown people Judging self according to adult interactions Realizing what triggers others' feelings, emotions, and needs Able to work on group projects Developing friendships with same-sex peers Becoming able to demonstrate altruism and empathy Showing an interest in other cultures and their needs Understanding rules and consequences Loyal to friends and teammates 	Is moving toward independence, but still needs frequent assurance Is sensitive to what others think and desires approval Cries easily when scolded May avoid new situations Uses own experiences to understand others Can be self centered	 Enjoys being with friends May express dislike of children of opposite sex Likes to express himself Dislikes being treated as a "baby" Will accept carefully worded criticism Eager to please, wants to be liked Changes moods quickly 	 Needs approval of peers; likes acceptance; enjoys companionship Can be sensitive to others Will take a stand contrary to family or friends May argue a lot Are beginning to be interested in the opposite sex Experiences extremes of emotions
MENTAL	 Curious and continually learning Able to make choices Predominantly literal thinkers but beginning to grasp abstract concepts Strengthening their language abilities Creative and inventive in their ideas and plans Able to focus on a task for longer periods of time Becoming independent thinkers Desiring an active role in group decision making 	 Has limited ability to think abstractly Fears imaginary creatures/people Can follow specific instructions Has limited attention span Has good memory Can get deeply absorbed in activities Has a need to succeed Can find some verses in the Bible 	 Beginning to think abstractly Is eager to learn Likes to experiment and find out ow things are made and work Wants to do things the right way and may feel ashamed when wrong Is able to excel in Bible skill activities May have difficulty making decisions 	 Growing in ability to think abstractly Thinks quickly and memorizes easily Can think for herself and solve problems Can concentrate when interested Is imaginative, creative and curious Can cope with success and failure Learns through various experiences
PHYSICAL	 Active learners Utilizing all their senses Becoming more coordinated Increasingly able to use fine motor skills Experiencing uneven growth spurts Enjoying more organized sports and board games 	 Is developing small muscle control Is developing eye-hand coordination Is active and has difficulty sitting still for long periods of time Tires easily Uses entire body to learn Likes all kinds of games Likes using her hands Enjoys creative play 	 Has slow, steady growth and good muscle coordination Has good eye-hand coordination Is enthusiastic and may have trouble calming down Girls are growing more quickly than boys Can work for longer periods of time Needs to be able to let off steam 	 Has good coordination and small muscle skills Is beginning puberty, girls usually ahead of boys Can be noisy and boisterous Enjoys competition and likes to win Is motivated by their own interests Likes to use abundant energy and physical skills